

Week commencing 21st September 2020 –

Monday	<p><i>Chickpea & vegetable casserole country style diced potatoes</i> <i>Cel</i> (Oven baked potatoes)</p> <p><i>Strawberry, apricot and watermelon cocktail</i> (diced fresh strawberry, watermelon & apricot)</p> <p><i>High tea: Homemade baked beans with buttered baguette</i> <i>Da So Ce</i></p> <p><i>Yeo Valley Organic fruit yoghurts</i> <i>Da</i> carrot sticks cheese cubes <i>Da</i> & fresh chopped fruit</p>
Tuesday	<p><i>Soya mince & vegetable bolognaise with pasta twists</i> <i>Ce Cel So</i> (carrot, celery, peppers, mushrooms in a tomato & herb sauce)</p> <p><i>Vanilla sponge with chilled custard</i> <i>Eg Da Ce</i> (Free range eggs)</p> <p><i>High tea: Fill your own tortilla</i> <i>Ce</i> with grated cheese and salad <i>Da</i>, braeburn apple and lemon whirls <i>Da</i>, cheese cubes <i>Da</i> & fresh chopped fruit</p>
Wednesday	<p><i>High iron vegetable loaf</i> <i>Cel Eg Ce So</i>, roast potatoes and <i>Farm house vegetables</i> (Gravy stock made from vegetables, garlic & herbs)</p> <p><i>Individual chocolate ice cream pots</i> (soft scoop ice cream)</p> <p><i>High tea: Tomato and basil linguine</i> <i>Cel Ce</i> lemon & yoghurt loaf <i>Ce Eg Da</i>, cheese cubes <i>Da</i> grated carrot & fresh chopped fruit</p>
Thursday	<p><i>Quorn and vegetable kebabs</i> <i>Cel Eg Ce</i> with pita pockets <i>Ce</i> and basmati rice (Diced quorn pieces with fresh sliced peppers, celery, mushrooms, onions and tomatoes)</p> <p><i>Fresh raspberry mousse</i> <i>Da</i> (fresh raspberry puree)</p> <p><i>High tea: Marmite & philly sandwiches (Hovis Best Of Both)</i> <i>Da Cel Fi Ce So</i>, baton cucumber, banana oat cookie <i>Ce</i>, cheese cubes <i>Da</i> & fresh chopped fruit</p>
Friday	<p><i>Tofu and broccoli in a 3 cheese sauce</i> <i>Da Cel Fi</i> with baked potato (Mild cheddar, red leicester, lyburn gold fancy broccoli florets)</p> <p><i>Melon and peach cocktail</i> (cut into bite size pieces)</p> <p><i>High tea: Minced soya n bean chilli</i> <i>Cel So</i> with brown rice <i>Cel</i>, lettuce and cucumber, banana and chocolate treat <i>Da So Ce</i>, cheese cubes <i>Da</i> & fresh chopped fruit</p>