

Week commencing 21<sup>st</sup> September 2020- Main

Monday	<p><i>Turkey &amp; vegetable casserole with country style diced potatoes <b>Cel</b></i> (Oven baked potatoes)</p> <p><i>Strawberry, apricot and watermelon cocktail</i> (diced fresh strawberry, watermelon &amp; apricot)</p> <p><i>High tea: Homemade baked beans with buttered baguette <b>Da So Ce</b></i></p> <p><i>Yeo Valley Organic fruit yoghurts <b>Da</b> carrot sticks</i> <i>cheese cubes <b>Da</b> &amp; fresh chopped fruit</i></p>
Tuesday	<p><i>Beef bolognaise with pasta twists <b>Ce Cel</b></i> (Lean minced beef, carrot, celery, peppers, mushrooms in a tomato &amp; herb sauce)</p> <p><i>Vanilla sponge with chilled custard <b>Eg Da Ce</b></i> (Free range eggs)</p> <p><i>High tea: Fill your own tortilla <b>Ce</b> with grated cheese and salad <b>Da</b>,</i> <i>braeburn apple and cinnamon whirls <b>Da</b>,</i> <i>cheese cubes <b>Da</b> &amp; fresh chopped fruit</i></p>
Wednesday	<p><i>Boned and rolled roast pork breast <b>Cel</b>, roast potatoes and</i> <i>Farm house vegetables</i> (Gravy stock made from chicken wings, vegetables, garlic &amp; herbs)</p> <p><i>Individual chocolate ice cream pots</i> (soft scoop ice cream)</p> <p><i>High tea: Tomato and basil linguine <b>Cel Ce</b> lemon &amp; yoghurt loaf <b>Ce Eg Da</b>,</i> <i>cheese cubes <b>Da</b> grated carrot &amp; fresh chopped fruit</i></p>
Thursday	<p><i>Chicken and vegetable kebabs <b>Cel</b> with pita pockets <b>Ce</b> and basmati rice</i> (Diced chicken breast with fresh sliced peppers, celery, mushrooms, onions and tomatoes)</p> <p><i>Fresh raspberry mousse <b>Da</b></i> (fresh raspberry puree)</p> <p><i>High tea: Tuna &amp; philly sandwiches (Hovis Best Of Both) <b>Da Cel Fi Ce So</b>,</i> <i>baton cucumber, banana oat cookie <b>Ce</b>,</i> <i>cheese cubes <b>Da</b> &amp; fresh chopped fruit</i></p>
Friday	<p><i>Cod loin and broccoli in a 3 cheese sauce <b>Da Cel Fi</b> with baked potato</i> (Mild cheddar, red leicester, lyburn gold fancy broccoli florets)</p> <p><i>Melon and peach cocktail</i> (cut into bite size pieces)</p> <p><i>High tea: Beef n bean chilli <b>Cel</b> with brown rice <b>Cel</b>, lettuce and cucumber,</i> <i>banana and chocolate treat <b>Da So Ce</b>, cheese cubes <b>Da</b> &amp; fresh chopped fruit</i></p>