

Week Commencing 21<sup>st</sup> September 2020 - Baby Vegetarian

Monday	Lunch: Chick peas and vegetables with swede and potato mash <i>So</i>	Banana and Paw paw Puree
	Tea: Butterbean vegetable bake	
Tuesday	Lunch: Lentil and vegetable bolognaise with pasta <i>Ce</i>	Pear and Mango Puree
	Tea: Country vegetable medley	
Wednesday	Lunch: High iron vegetable loaf, roast potatoes baby carrots	Honeydew Melon and Green Apple Puree
	Tea: Spinach and vegetable pie	
Thursday	Lunch: Couscous in a tomato and vegetable sauce with basmati rice <i>Ce</i>	Red Apple and Mango Puree
	Tea: Chick pea and vegetable hot pot	
Friday	Lunch: Tofu & broccoli in a cheese sauce with baked potato	Pear And Banana Puree
	Tea: Butterbean & vegetable medley	

We only list the 14 food allergens: **Cereals** (gluten, wheat, rye, barley, oats) **Crustaceans** (prawns, crab, lobster) **Eggs**, **Fish**, **Peanuts**, **Soybeans**, **Dairy**, **Nuts**, **Celery**, **Mustard**, **Sesame**, **Sulphur dioxide**, **Lupin**, **Mollusc** (clams, mussels, whelks, oysters, snails)